

## **COMMISSION ON AGING AND DISABILITY SERVICES**

**Wednesday, October 13, 2020**

MaryAnn Miller called the Commission on Aging and Disability Services meeting to order at 9:04 am

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### **Roll Call**

Dianne Birkholz, Judy Braun (phone), Shirley Kitchen (phone), Jody Langfeldt (phone), MaryAnn Miller, Lorna Negen (phone), Gary Schmidt, Del Yaroch

### **Also Present**

Sheila Drays (phone), Rob Griesel, Amanda Higgins, Kris Schefft, Sara Truse, Regional Quality Specialist (phone), Jackie Wendlandt

### **Excused**

None

### **Absent**

None

### **Roll Call, Introductions, and Non-Member County Board Members**

Roll call and introductions commenced.

### **Public Comment**

None

### **Action on the Minutes of the September 15, 2020 meeting**

Del Yaroch motioned and Gary Schmidt seconded to approve the minutes of the September 15, 2020 meeting. Motion carried.

### **Discussion Only on the By-Laws**

No questions on changes made from the last meeting.

### **Consideration to Change Meeting Months in 2021**

Dianne Birkholz motioned and Shirley Kitchen seconded to change meeting months to January, March, May, July, September, and November to coincide with County Board election times. Motion carried.

### **Aging/Nutrition/Transportation Supervisor's Activity Updates**

Kris Schefft stated that home delivered meals have transitioned back to hot meals except for Watertown which are still frozen due to no congregate location. The congregate sites remain closed. Both the Senior Dining Program and the Transportation Program are occasionally running into volunteer driver shortages so ADRC staff have picked up rides and meal coverage to ensure fluidity in services.

### **Dementia/Caregiver Specialist Program Updates**

Rob Griesel stated the Monday Morning Caregiver Coffee Hour meets on Mondays from 10 am until 11 am via Zoom. There is a virtual book club taking place in eight groups throughout the State, in which two Dementia Care Specialists facilitate each group, that meet to reimagine how we live and care for people with dementia through the book "Dementia Reimagined". Meeting of the Minds is a virtual program held on Tuesdays from 10 am until noon through the Alzheimer's & Dementia Alliance of Wisconsin. This program is for memory loss, mild cognitive impairment, early Alzheimer's, or other dementias to help maximize and sustain cognitive function. On November 11 from 12 pm until 1 pm there will be a "Boost Your Brain" presentation by Dr. Michelle Braun via Zoom to talk about five science-backed steps to sharpen your memory and dramatically reduce your risk of Alzheimer's. Dodge

County dementia awareness story book walks are taking place in several locations throughout the County from October 10 through October 18 and will be featuring the book "Grandpa and Lucy" by high school student Edie Weinstein. These walks can be done by anyone at their own leisure.

#### **Benefit Specialist Activity Updates**

Amanda Higgins stated the Annual Enrollment Period (AEP) starts on October 15 and runs through December 7 to allow beneficiaries an opportunity to change their Part C (Advantage) or Part D (drug) Medicare plan for 2021. There were roughly 270 Medicare packets sent out to 2019 consumers. If consumers choose to enroll into a new plan for 2021, that paperwork would be sent back to the office. From there, between the two volunteers that are assisting with running the plans this year and one of the Benefit Specialists, their PlanFinder results will be mailed to them. Limited in person appointments will be made due to COVID-19. If after results have been viewed by the consumer they need assistance in enrolling into a new plan, appointments can be made via phone with a Benefit Specialist to guide them through that process. Amanda also stated that Social Security just announced that there will be a 1.3% COLA increase for 2021. The last Welcome to Medicare Workshop of 2020 will be held via Zoom on November 5 at 3 pm. The ADRC is happy to announce that Jennie Farmer, the new Elder/Disability Benefit Specialist was hired and started on September 25, 2020.

#### **ADRC/Aging Supervisor's Activity Updates**

August and September 2020 call statistics were provided for members of this board and briefly discussed. Kris Schefft stated that October calls have picked up with some records breaking days as of late. In regards to voting in 2020, the ADRC has been supporting consumers by getting information out through social media and the newsletter. Virtual programming has been something the ADRC has been busy with. "How to Zoom" classes held at the Watermark have started and Healthy Living with Diabetes starts in November. WIHA (Wisconsin Institute on Healthy Aging) asked Dodge County to be a pilot for a "Yoga for Seniors" workshop. Kris stated that the ADRC has had to revise significantly 2020 Aging Goals due to COVID as most of the goals were face-to-face. Brief discussion followed.

#### **Future Agenda Items - Opportunity to Request Topics of Discussion for Future Meetings**

None

#### **Review of Operations**

None

#### **Meetings in 2020**

The next meeting of the Commission on Aging and Disability Services will be on **December 8 at 9:00 am** in the **Henry Dodge Office Building, 199 County Road DF, in Room G046.**

#### **Adjournment**

Del Yaroich motioned and Dianne Birkholz seconded to adjourn this meeting of the Commission on Aging and Disability Services at 9:46 am. Motion carried.

Respectfully Submitted,

*Jorna Negen - Vice Chair*

Judy Braun, Secretary (by phone, couldn't sign)

Disclaimer: The above minutes may be approved, amended, or corrected at the next committee meeting.